



**“CONNECTIONS WITH OURSELVES & OTHERS”**  
**Schedule of Events and Registration Fees**

**Saturday**

9:00 – 9:30 Registration and check-in

9:30 – 12:30 “*Embodying Transformation: The Healing Power of Connection*,” by Barbara Sanders, LCSW

12:30 – 1:15 Lunch (provided by NPI)

1:30 – 5:45 Afternoon breakout sessions (During this time, there will be opportunities to participate in a Yoga session, visit with friends, update your directory profile, and join a hike.

**Breakout 1 from 1:30 – 2:45 pm**

Option A: Patrick M. Nitch, M.Ed., LPC-MHSP, “*Mindfulness Walking and Sitting Meditation and Contemplation*”

Option B: Gillian Pulley, ATR, “*Reconnecting with Spirituality after Religious Trauma*”

**Breakout 2 from 3:00 – 4:15 pm**

Option A: Valerie Martin, LCSW, RYT, “*Recharge + Restore (Gentle Yoga for All Bodies)*”

Option B: Tom Neilson, Psy.D., “*Therapeutic Uses of The Enneagram: Cultivating Empathy, Understanding, and Connection*”

**Breakout 3 from 4:30 – 5:45 pm**

Option A: Jill Karcher, PsyD, “*An Experiential Journey Through the Chakras*”

Option B: Brock Searcy, LPC-MHSP, CST, “*Having Sex to “Feel or try to create Connection” vs “Having Sex as a result of being Connected”*”

6:00 – 7:00 Dinner (Provided by NPI)

7:00 Socializing (Hospitality Suite Open)

**Sunday**

8:00 – 9:00 Breakfast (Provided by NPI)

9:00 – 12:00 “*Life Lessons: Harnessing What We Already Know About Maintaining Connection in Conflict*,” by Julia McAninch, PsyD

12:00 – 12:30 Departure

\*3 CEUs offered for each keynote presentation/ 1 CEU for each breakout attended (Type II CEU for psychologists)

**Registration Rates (Cost includes room with access to gender-specific communal shower room)**

**Basic and Sustaining Members:**

\_\_\_\_\_ Full Retreat with meals – single room \$254

\_\_\_\_\_ Full Retreat with meals – double room \$214

\_\_\_\_\_ Saturday only with dinner \$199

\_\_\_\_\_ Saturday only without dinner (9:30am-6:30pm) \$169

**Student and Non-profit Agency Members**

\_\_\_\_\_ Full Retreat with meals – single room \$174

\_\_\_\_\_ Full Retreat with meals – double room \$144

\_\_\_\_\_ Saturday only with dinner \$119

\_\_\_\_\_ Saturday only without dinner (9:30am-6:30pm) \$89