

JENNIE ADAMS SPRING WORKSHOP

Nashville Psychotherapy Institute
PO Box 158626
Nashville, TN 37215

NPI Presents:
Jeffrey Binder, PhD, ABPP

*“Time-Limited Dynamic
Psychotherapy (TLDP) in the
21st Century”*

Register by visiting www.NashvillePsychotherapyInstitute.org
Scholarship opportunities available to NPI members

Questions? Please email NPINashville@gmail.com

On or before April 5:

Members: \$149
Non-members \$169
Students: \$69
Non-profit Agency: \$99

After April 5:

Members: \$169
Non-members \$189
Students: \$89
Non-profit Agency: \$119

Saturday, May 4, 2019

9:00 am - 4:15 pm

Registration from 8:30 - 9:00 am

PROGRAM SPONSORS:



A Unique Opportunity...

Join us as we welcome **Jeffrey L. Binder, Ph.D., ABPP, Private Practice and Clinical Professor of Psychiatry, Vanderbilt University** as our Spring Workshop speaker. Dr. Binder, co-developer of Time-Limited Dynamic Psychotherapy (TLDP), will be joining us to present **Time-Limited Dynamic Psychotherapy in the 21st Century**.

The workshop will discuss the foundational concepts and principles of TLDP in their original form and as they are currently practiced. TLDP is an integrative approach that is useful to therapists who use a variety of approaches, including not only psychodynamic and interpersonal approaches, but also CBT, emotion-focused, systemic, as well as other treatment models. **TLDP is a theoretical model sure to enhance everyone's practice.**

"Jeff literally wrote the book on brief psychodynamic therapy and is a clear, excellent teacher. He's a celebrity in our field, but also a true gentleman, approachable and kind"

- Dr. Laura Rosser Kreisellaier

"Dr. Jeff Binder is a renowned scholar of psychotherapy practice, supervision, and outcome studies. He is a co-author with Hans Strupp of a classic study of short-term psychotherapy, "Psychotherapy in a new key: A guide to time-limited dynamic psychotherapy" (Basic Books., 1984). Hans and Jeff directed a major (and rare) empirical study of psychotherapy while both taught at Vanderbilt University. Their book has been cited more than 1,400 times by other academics. Jeff also served as Dean of a doctoral psychology program and he is an outstanding teacher as well."

- Volney P. Gay, Ph.D.

Learning Objectives

Upon completion of this workshop participants will be able to:

- Participants will be able to cite research that supports the effectiveness of time-limited psychodynamic/interpersonal psychotherapies.
- Participants will be able to identify clinical material that is relevant for an initial case formulation in psychodynamic/interpersonal psychotherapy.
- Participants will be able to develop an initial case formulation for psychodynamic/interpersonal psychotherapy.
- Participants will be able to discuss the therapeutic discourse strategies of inquiry and dialogue.
- Participants will be able to identify when to implement a Transference-focused strategy and when to implement a strategy focused on the patient's outside relationships.
- Participants will be able to discuss the role in therapy of the therapeutic alliance, alliances ruptures, and methods for alliance rupture resolution.

Location

Vanderbilt Divinity School

411 21st Avenue, S., Nashville, TN 37240

Free parking available - information sent to registered attendees

About Jeffrey L. Binder

Jeffrey L. Binder, Ph.D., ABPP is a Clinical Professor of Psychiatry at Vanderbilt University. Previously he held academic positions as Assistant Professor of Psychology in Psychiatry at the University of Michigan, Clinical Associate Professor of Psychiatry at the University of Virginia, Research Associate Professor of Psychology at Vanderbilt University, and Professor, Program Chair, and Dean at the Georgia School of Professional Psychology in Atlanta. He is a diplomate in Clinical Psychology of the American Board of Professional Psychology, a Fellow of the American Psychological Association, a Fellow of the Georgia Psychological Association, and a Fellow of the Academy of Clinical Psychology. Dr. Binder has authored and co-authored many articles and book chapters on psychotherapy practice, training, and research. He has presented at universities, clinical organizations, and professional groups and conferences. Dr. Binder has authored or co-authored three books on short-term psychodynamic psychotherapy: *Psychotherapy In A New Key. A Guide To Time-Limited Dynamic Psychotherapy* (with Hans H. Strupp); *Key Competencies In Brief Dynamic Psychotherapy. Clinical Practice Beyond The Manual*; and *Core Competencies In Brief Dynamic Psychotherapy. Becoming a Highly Effective and Competent Brief Dynamic Psychotherapist* (with Ephi J. Betan).



Continuing Education

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