

Presenters



Jim Frost, M.A.

Jim is a licensed Senior Psychological Examiner in Tennessee and currently owns the Helpful Conversations Counseling center in Franklin. He is the former Clinical Director at AGAPE in Nashville. He earned his Master Degree in Clinical Psychology from Middle Tennessee State University.



Chris O'Rear, MDiv, MMFT

Chris is a licensed Clinical Pastoral Therapist in Tennessee and is the Director of the Counseling Center at Belle Meade United Methodist Church. He earned his Master of Divinity in pastoral care & counseling from Southern Baptist Theological Seminary and his Master of Marriage & Family Therapy from Trevecca Nazarene University. Chris is a Diplomat in the American Association of Pastoral Counselors.

For more information or to register:

Chris O'Rear

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Jim Frost

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WORKING WITH ISSUES OF FAITH & SPIRITUALITY IN PSYCHOTHERAPY

*A Workshop by Jim Frost, M.A.
& Chris O'Rear, MDiv, MMFT*

Overview

This training is intended to help counselors become more sensitive to issues of faith and spirituality in the counseling process, to provide a framework for understanding how those issues relate to the presenting problem, and to know how to ethically and meaningfully elicit and respond to those issues therapeutically.

Learning Objectives

1. Participants will learn a framework for assessing the underlying and sometimes unconscious operational faith and spirituality of their clients and how to assess the congruence of practical and professed beliefs.
2. Participants will gain an awareness of how to listen for the spiritual story of their clients and learn how to ethically integrate that story with other aspects of therapy.
3. Participants will grow in an understanding of their own spiritual and religious traditions and learn how and when to appropriately draw on these for the benefit of their clients.

Details

Date, Time, Location

Friday, January 26, 2018
8:30AM – 1PM (Registration at 8AM)
Belle Meade United Methodist Church
121 Davidson Road
Nashville, Tennessee 37205

“This training has been the most helpful I have attended on this topic because it has given me a way to talk about spiritual issues with my clients that goes beyond my own tradition and understanding.”

CEUs

NBCC CEUs have been applied for through the American Association of Pastoral Counselors and AAMFT CEUs have been applied for through Lipscomb University. If approved, these CEUs will be available for an additional fee. This is an approved training event for the Tennessee Association of Pastoral Therapists.

Cost

\$100, if registered before Jan. 2, 2018
\$125, After January 2
\$130, Registration at the door.
\$25 for Students
Additional \$25 for NBCC or AAMFT CEUs

How to Register

Register by emailing Chris O’Rear at Chris@CounselingatBMUMC.com or by calling (615) 763-3236. Payment can be made by check (made to the Counseling Center at Belle Meade UMC), cash, any major credit card, Apple pay, Android pay, or Venmo.

Who Should Attend?

This training would benefit Professional Counselors, Marriage & Family Therapists, Clinical Pastoral Therapists, Psychologists, Psychiatrists, Counseling Students, Congregational clergy, Chaplains, and others.